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## NEWS PRESS RELEASE

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### **Nearly 2/3rds of Americans Struggle With Anxiety**

(LeRoy, KS)- The year 2021 is another year of trying times. In the world of abundant challenges faced through Covid, finances, anxiety, addictions, relationships, medical needs, child abuse, and mental health crisis, it makes sense that anxiety is high. With these struggles come ripple effects of substance misuse, unemployment, homelessness, and other painful circumstances, all of which fuel negativity.

But there is HOPE! In the new book **FINDING HOPE—The 12 Keys to Healing Hardship, Hurt & Sorrow** [scheduled for release 8/31] readers learn how to find the silver linings in their challenges.

As a successful survivor of severe childhood abuse, Amber Jewell, LMSW, tells from formal education and lived experience, the 12 keys she discovered in her journey toward healing; 12 keys that *any* person in pursuit of better times can benefit from.

Amber is a fun, articulate, author and speaker who will inspire your audience and infuse them with hope for today and their future.

**It's not only a must read but as Dr. Brandon W. Steiner, Ph.D. said,**

***“Amber powerfully illustrates a refreshing perspective on how to overcome!”***

**About:**

[Successful Survivor Foundation](#) (SSF) is a national non-profit, education, 501C3 organization. SSF equips individuals, nonprofits, & faith-based communities to create successful lives through engagement, education, and encouragement.

[Amber Jewell, LMSW](#) is SSF board president, former foster child, foster-adoptive parent, national speaker, and author of [Finding Hope: The 12 Keys to Healing Hardship, Hurt and Sorrow](#) [scheduled for release 8/31]. As a successful survivor of severe childhood abuse, Amber Jewell, LMSW, tells from formal education and lived experience, the 12 keys she discovered in her journey toward healing. This book helps all readers, particularly those from hard places, discover new levels of hope in their lives.

[Finding Hope: The 12 Keys to Healing Hardship, Hurt & Sorrow: Jewell, Amber, Sciortino, Rhonda: 9781578269082: Amazon.com: Books](#)